

DEVONSHIRE — SPA —



Contents

- 03 Welcome
- 04 Treatments for the face
- 08 Treatments for the body
 - 12 Rituals
 - 14 Spa days
 - 18 Beauty
- 20 Exclusive hire
- 21 Facilities
- 22 Spa etiquette

visit devonshiredome.co.uk/spa

Welcome to the award-winning Devonshire Spa

Winner of the Professional Beauty Day Spa of the Year 2016, the Devonshire Spa in Buxton is the perfect hideaway for some essential 'you time'.

Nestled within the rolling hills of the Peak District, the Devonshire Spa provides a tranquil escape from the hustle and bustle of day-to-day life, restoring peace and wellbeing to mind, body and soul.

With a collection of hand-selected therapies for the face and body influenced by the changing of the seasons, you'll benefit from the balance of natural, holistic treatments combined with a little bit of what you love.

Buxton is a leading spa town within the UK with a glorious heritage of spa therapy. Immerse yourself in our thermal spa for the ultimate in pure relaxation.

or call 01298 338408 to book

PROFESSIONAL
beauty 2016
WINNER *Awards*

CAUDALÍE
PARIS

[comfort zone]

SKIN SCIENCE SOUL

Mi

ishga

J
JESSICA®

Treatments for the face

ISHGA EXPRESS FACIAL 30 mins / £40

An express facial using ishga's organic product range, this express treatment cleanses, tones and moisturises for essential skin maintenance.

The treatment includes an exfoliating mask and scalp massage to complete the experience

COMFORT ZONE SKIN REGIMEN FACIAL 30 mins / £45

Part of Comfort Zone's Skin Regimen portfolio, this revolutionary facial treatment offers immediate and visible results beyond those of a traditional facial.

The efficacy of superfoods and high-tech ingredients including alpha-hydroxy acid is maximised by specific Kabat massage techniques that offer a complete 'gym for the skin'. Skin is renewed, restored, toned and lifted. Expression lines and wrinkles are softened and the skin is left with a fresh, more youthful and healthier dewy appearance.

Skin Regimen is an integrated approach, involving skincare, diet, exercise and lifestyle.

COMFORT ZONE FACE EMERSION 60 mins / £60

Deliver true science for your skin with a bespoke facial treatment which considers your skin condition, not just your skin type.

Your Devonshire Spa therapist will recommend the most suitable experience and will deliver immediate results by tailoring your facial to suit your skin's specific needs:

Hydramemory - a deeply hydrating face, neck and décolletage treatment to replenish the skin's moisture levels

Active Pureness - an intensive yet delicate treatment for cleansing and rebalancing the skin

Skin Resonance - a soothing and rebalancing treatment to protect even the most delicate skin

Re-Night - this powerful anti-oxidant and vitamin enriched facial treatment features the superfood goji berry

Absolute Pearl - a brightening anti-aging treatment for freshness, vitality and luminosity.

CAUDALIE VINO SOURCE 60 mins / £60

A skin-renewing treatment to deeply moisturise, hydrate and soothe the skin.

Ideal for sensitive skin, this delicate formula helps skin become stronger, and feel softer and more comfortable.

ISHGA ANTI-AGEING REJUVENATOR FACIAL 60 mins / £60

A rejuvenating facial designed to revitalise and repair. It is particularly useful for toning, firming and nourishing but also for repairing and protecting the skin from environmental damage.

This treatment will cleanse, tone and moisturise the skin leaving it revitalised and hydrated. The high content of seaweed extract in the products used is scientifically proven to preserve the skin's natural collagen with powerful anti-ageing properties. Suitable for all skin types.





COMFORT ZONE MAN SPACE 60 mins / £60

An active treatment for hard working, dry and dehydrated skin. If your day-to-day life means your skin is compromised by biological and environmental stress, frequent flying, exposure to sun and extreme weather conditions, this is the ideal treatment for you.

CAUDALIE VINO PERFECT 60 mins / £65

A unique facial treatment specifically designed to correct the complexion, restoring radiance and vitality to the skin.

Specifically created for tired, dull and uneven skin types, this is a must-have facial treatment. Exceptional massage techniques with essential oils and small hot and cold basalt stones awaken the luminosity of the complexion, inducing a feeling of wellbeing.

CAUDALIE RESVERATROL LIFT 60 mins / £75

Specially created for skin that lacks firmness, contour and vitality. The toning and lifting effects are immediate, and your face appears instantly resculpted and radiant with youth.

CAUDALIE POLYPHENOL C15 DETOX 60 mins / £75

A deeply energising vitamin cocktail, this facial treatment hydrates, renews, energises and protects the skin cells in the epidermis.

Experience a regenerating aromatherapy facial massage using essential oils, followed by an anti-oxidant mask highly concentrated in pink clays, grape marc and coffee to encourage deep cleansing whilst draining toxins.

This facial reduces the visual appearance of fine lines and wrinkles, and smooths and protects the skin. Your skin looks plumper, youthful and your complexion smoother and is the perfect facial for those wishing to maintain and protect their skin from the environment and free radical damage.

COMFORT ZONE SUBLIME SKIN 90 mins / £85

This state of the art ultimate anti-ageing facial combines Archi-lift™ technology with the renewing effects of a double peel for an instant re-plumping effect.

Ideal for mature skin with visible signs of ageing, this firming facial stimulates cellular regeneration using the exclusive active lift massage techniques to smooth and tone skin.



CAUDALIE PREMIER CRU FACE AND EYE TREATMENT 90 mins / £95

This exceptional anti-aging face and eye treatment will lift, moisturise, smooth and plump, whilst evening the skin with cutting edge innovative techniques and products from Caudalie's Premier Cru Range.

This advanced facial includes a massage carried out using a roller with a micro-point system to improve the penetration of active ingredients, stimulating the natural production of collagen and elastin. The application of an exclusive hydrogel mask enriched with Resveratrol-Oleyl and anti-aging active ingredients will provide immediate tightening and lifting effects to the face and jaw areas.

The results are spectacular: wrinkles and fine lines are visibly reduced, the skin is smoother and firmer, and a radiant glow enhances the even complexion.

Treatments for the body

DEVONSHIRE SPA SIGNATURE MASSAGE From £40

The highly experienced team at the Devonshire Spa have formulated a truly bespoke massage to ensure that your individual needs are fully addressed during your treatment.

Your professional therapist will assist you in selecting the perfect oil blend for you, and will craft the perfect massage to leave you feeling harmonised and rebalanced. Choose from:

Oriental: soothing and calming; great choice to de-stress

Mediterranean: an energising massage; great for draining toxins and toning tired muscles

Indian: an invigorating massage which soothes and relieves muscle pain; used to stimulate the circulation

Arabian: a relaxing and restorative massage; great for strengthening and toning

30 mins - £40 / 60 mins - £65 / 90 mins - £80

DEVONSHIRE SPA SIGNATURE HAMMAM SCRUB 30 mins / £40

This traditional exfoliating treatment will revitalise and invigorate the whole body. The invigorating scrub deeply cleanses and moisturises, leaving your skin feeling revived and vibrant. This luxurious and unique treatment is performed on a heated marble Hammam bed located within the Devonshire Spa's award-winning facilities.

DEVONSHIRE SPA SIGNATURE PEDICURE 75 mins / £50

After a warm milk foot soak, your feet are exfoliated with a blend of sugar and honey to soften and smooth the skin. Nail shaping, buffing and cuticle tidying are followed by a foot and leg massage, and completed with polish. The ultimate treat for your feet.

CAUDALIE CRANIAL MASSAGE 30 mins / 40

This massage simultaneously stimulates reactions in the whole body, helping to rebalance the energies of the nervous system. Gentle hand placement on the skull frees energy blockages and promotes relaxation.

ISHGA SALT AND OIL SCRUB 30 mins / £40

This invigorating Hebridean sea salt and oil scrub gently exfoliates, sweeping away dull, dry skin. This is an express treatment, specially designed to stimulate circulation, eliminate toxins, leaving your skin nourished and glowing.

COMFORT ZONE SKIN REGIMEN 30 mins / £45

Part of Comfort Zone's Skin Regimen portfolio, this revolutionary treatment offers immediate and visible results.

With intensive exfoliation thanks to the efficacy of superfood, high-tech ingredients including alpha-hydroxy acids, this treatment incorporates specific Kabat massage techniques to offer a complete 'gym for the skin'.

COMFORT ZONE THERMOGENIC ATTACK 60 mins / £65

Find a new you with this intensive treatment with thermogenic action, designed specifically to target profound and resistant cellulite imperfections. It improves microcirculation and promotes remodelling of the body.

visit devonshiredome.co.uk/spa

or call 01298 338408 to book



ISHGA INVIGORATING MASSAGE 60 mins / £65

This medium pressure massage combines powerful detoxing seaweed body oil with lemongrass, juniper and rose geranium. This treatment is designed to be invigorating but equally relaxing, with a focus on removing tension to re-energise the body. The seaweed body oil used regenerates, firms and tones the skin and is particularly useful for eliminating harmful toxins.

ISHGA MARINE BACK THERAPY 60 mins / £65

A rejuvenating and powerfully detoxifying 'facial' for your back. The combination of seaweed, lemongrass and key essential oils provide a toning and nourishing treatment, whilst deep cleansing helps to release impurities. A medium pressure back massage is incorporated to melt away tension and aid deep relaxation.

ISHGA DETOXIFYING SEAWEED BODY WRAP 55 mins / £65

A powerful Hebridean sea salt and oil scrub with full body wrap. This treatment combines the detoxifying and nourishing effect of the purest seaweed gel, with the stimulating and hydrating properties of the scrub. Designed to eliminate toxins, reduce cellulite, boost energy and improve skin tone.



CAUDALIE CRUSHED CABERNET 60 mins / £70

The indulgent body treatment incorporates one of the most popular scrubs from Caudalie's Vinothérapie® Spas. The exfoliation technique regains your skin's radiance and softness, providing optimum opportunity for the skin to absorb all the hydrating ingredients to follow. The Caudalie signature sculpting massage follows, using the Contouring Concentrate which stimulates the systems of the body and encourages natural elimination of toxins. It's an ideal treatment to relieve tension, invigorate your mind and body, and as part of a slimming programme. Your skin will be left feeling clean, refined and perfectly smooth.

CAUDALIE DIVINE MASSAGE 60 mins / £70

This treatment incorporates the signature Caudalie massage, featuring their award-winning Divine Oil. Indulge in the floral, sun-kissed fragrance, while compression techniques gently soothe tension and re-boost your energy. Your skin will be luxuriously softened, moisturised and wrapped in a delicate fragrance blend of roses, grapefruit, pink pepper, vanilla, cedar and white musk. Complete the treatment with an optional application of Divine Legs Tinted Body Lotion for an instant, sun-kissed glow.

CAUDALIE FLEUR DE VIGNE 60 mins / £70

The signature Caudalie massage takes place under the glow of the soft light of a massage candle which melts into warm oil delicately scented with Fleur de Vigne. You'll enjoy a unique and relaxing experience where all your senses will be indulged. Tension will be relieved and you will regain your energy.

CAUDALIE THE EXPECTANT MOTHER 60 mins / £70

This gentle and enveloping massage with grape-seed oil soothes tension brought on by pregnancy, stimulates blood circulation and improves the skin's tone and elasticity. Enjoy a moment of absolute relaxation and well-being with your baby-to-be.

CAUDALIE WINE MAKER'S MASSAGE 60 mins £75

This sculpting massage is Caudalie's signature and recreates the ritualistic steps of the wine-making process on the body. This treatment alternates techniques using bare hands and pressure on the energy paths. No area of the skin is overlooked; your entire body is stimulated from the tips of your fingers to the bottoms of your feet. This sculpting massage activates blood circulation and muscle tone. You will leave bursting with energy!

COMFORT ZONE PRO-SLEEP TRANQUILLITY 90 mins / £80

A complete mind and body wellbeing experience, perfect to induce a deep state of relaxation combining the intense sleep inducing qualities of aromatherapy, music and unique massage techniques.

The perfect jetlag recovery experience.

COMFORT ZONE HIMALAYAN SALT SCRUB 90 mins / £80

An extraordinary ancient ritual for the body, beginning with a full body massage using warm Himalayan salt stones to immediately bestow relaxation, and alleviate tension, stress and anxiety.

The treatment proceeds with an exhilarating salt scrub, a combination of the precious pink Himalayan salt with a nourishing aromatic oil to completely detoxify the body, ease aches and pains, stimulate the metabolism and restore vitality and balance.



Rituals

COMFORT ZONE SKIN REGIMEN RITUAL 60 mins / £80

Part of Comfort Zone's Skin Regimen portfolio, this revolutionary face and body treatment offers immediate and visible results to your skin.

With intensive exfoliation thanks to the efficacy of superfood, high-tech ingredients including alpha-hydroxy acids, this treatment incorporates specific Kabat massage techniques to offer a complete 'gym for the skin' which renews, restores and lifts. Expression lines and wrinkles are softened and the skin is left with a fresh, more youthful and healthier dewy appearance.

CAUDALIE WINE LOVER 90 mins / £90

This luxurious body treatment starts with the Crushed Cabernet Body Scrub, encompassing body exfoliation and soothing candle massage with deep tissue techniques used on the back to ease away stress and tension.

As your body is relaxed your therapist will move onto your scalp with the Caudalie Cranial Massage to calm your mind.

ISHGA HEBRIDEAN ESCAPE 115 mins / £95

A complete top-to-toe treatment incorporating the ishga express facial, a smoothing salt and oil scrub on the marble Hammam bed and an invigorating ishga massage.

This wonderful ritual leaves you feeling fresh and rejuvenated.

ISHGA MARINE DETOX 115 mins / £95

A perfect detoxing ritual to remove impurities from all areas of the body. You will be scrubbed with salt and lemongrass on the heated Hammam bed, whilst a purifying and rejuvenating marine back therapy treatment aids detoxification, drawing toxins away from the body, leaving the area cleansed and silky smooth.

The ritual ends with a facial to ensure the face is nourished, firm and revitalised.

COMFORT ZONE DEEP SLEEP 150 mins / £110

This complete wellbeing treatment is designed to enrich the skin with vitamins and anti-oxidants to soothe and nourish the skin.

This experience induces relaxation combining the intense sleep inducing qualities of aromatherapy, music and unique massage techniques. The perfect seasonal repair.



CAUDALIE PREMIER CRU DIVINE 150 mins / £145

This treatment starts by brushing and exfoliating the whole body to prepare your skin, leaving it soft and smooth, followed by a luxurious Divine Body Massage.

Your therapist will then administer an Ultimate Premier Cru Facial with facial cleansing, exfoliation and massaging hydrogel mask, and will finish with a Cranial Scalp Massage for ultimate tranquillity.

visit devonshiredome.co.uk/spa

or call 01298 338408 to book



Spa days

RESTORATIVE

A spa day perfectly sculpted around you. With a carefully selected menu to choose from, you can create the perfect spa experience for your skin's needs. Select from a range of one hour treatments.

Tuesday, Wednesday, Thursday: 9am - 5pm

3 hours of treatments / £190

2 hours of treatments / £130

1 hour of treatments / £110

Friday, Saturday, Sunday: 9am - 5pm

3 hours of treatments / £210

2 hours of treatments / £150

1 hour of treatments / £120

Choose from: Comfort Zone Face Emersion / Comfort Zone Thermogenic Attack / ishga Marine Back Therapy / Devonshire Spa Bespoke Massage / ishga Facial / Caudalie Vino Source / Manicure / Pedicure / Mii Make-Up Application

This package includes lunch, refreshments, robes and slippers.

SPA AND SPARKLE

The perfect spa experience before an evening out!

Start your evening with some relaxation and let your expert therapist help you prepare in the beautiful Devonshire Spa. Enjoy a thermal experience in our award-winning facilities before you receive a 60 minute Divine Body Massage.

A complementary glass of Prosecco will help get you in the mood for your evening out. With the option of a Mii Make-Up application from one of the Devonshire Spa's trained therapists, we'll help you make it a night to remember.

Friday and Saturday: 4pm - 8pm / £75

Add on Mii Make-Up application / £30

This package includes use of the Spa, a glass of Prosecco, refreshments, robes and slippers.

AF-TEA-NOON SPA

Take a little time out and indulge in our beautiful spa setting.

Relax and unwind in the Devonshire Spa's thermal suite before enjoying an hour long treatment from the selection below. You will be served a delicious afternoon tea with an option to add a glass of Prosecco. A little bit of what you love.

Tuesday – Thursday: 1pm - 5pm / £85

Friday – Sunday: 1pm - 5pm / £95

Choose from: Comfort Zone Face Emersion / Devonshire Spa Bespoke Massage / Manicure / Pedicure

This package includes afternoon tea, refreshments, robes and slippers.

Add a glass of Prosecco for £7.

WINE DOWN SESSIONS

The Devonshire Spa has created the ideal offering for you to unwind.

After a busy day check into our luxury spa, chose your hour long wind down treatment, sit back and let our team serve you a glass of wine from Caudalie's very own vineyard in Bordeaux, along with a selection platter to complement your wine.

Tuesday – Friday: 5pm - 9pm - £75

Choose from: Comfort Zone Face Emersion / Comfort Zone Thermogenic Attack / ishga Marine Back Therapy / Devonshire Spa Bespoke Massage / ishga Facial / Caudalie Vino Source / Manicure / Pedicure

This package includes evening canapés, a glass of wine, refreshments, robes and slippers.

RISE AND SHINE

For the early bird, kick start your day with a morning in the award-winning Devonshire Spa where you will enjoy an hour long treatment in total tranquillity.

This spa morning is designed to leave you feeling refreshed, boosted and full of life whilst encouraging detoxification of harmful toxins. We will provide you with a light and energising breakfast - the perfect wake up call.

Tuesday – Thursday: 9am – 12.30pm - £65

Friday – Sunday: 9am – 12.30pm - £75

Choose from: ishga Facial / Comfort Zone Thermogenic Attack / ishga Marine Back Therapy / Comfort Zone Skin Regimen Facial / Comfort Zone Skin Regimen Massage.

This package includes breakfast, refreshments, robes and slippers.

visit [devonshiredome.co.uk/spa](https://www.devonshiredome.co.uk/spa)

A woman with her hair in a bun, wearing a white bathrobe, is sitting on a dark wicker lounge chair in a spa. She is holding and reading a magazine. The room is dimly lit with warm, ambient lighting. In the background, another person is visible sitting on a similar chair. The overall atmosphere is relaxing and luxurious.

“I love this place! A hidden gem underneath an iconic Buxton building. I have been three times so far. The facilities are lovely and relaxing and the therapists are fab.”

Heather Casey

or call 01298 338408 to book



Beauty

MII MAKE-UP 60mins / £45

A full makeover using the latest products from the Mii Cosmetics range. Your therapist will discuss your requirements with you, and will choose complementary colour palettes for your skin tone.

MAKE-UP LESSON 60mins / £50

If you would like to learn more about make-up application, and would like to discover techniques and tips to up your make-up game, then why not book a make-up lesson with one of the Devonshire Spa's trained therapists. This lesson includes skin tone colour matches to help you choose complementary shades for you, as well as a Mii Cosmetics product of your choice based upon your expert's recommendations.

KISSED BY MII 60 mins / £55

A beautiful tan with none of the dangers. The nourishing benefits of coral seaweed and coastal flowers will replenish your skin's natural minerals, leaving it sublimely soft so your tan can develop beautifully.

LOOK AT MII 30 minutes / £25

A smoky eye may seem daunting, but this comprehensive session will build your confidence to create the look that suits your particular eye shape and colour. From foundation to lips, we'll show you how to balance your overall look for maximum seductive impact!

SHOW MII 10 minutes / £15

Name your dilemma and let Mii solve it.

Whether you choose to focus on blusher secrets, lipstick tricks or hints for eyes, we'll share trusted techniques and colours to enhance your natural beauty.

PREPARE MII 10 minutes / £15

Learn to create your perfect base. We'll show you simple techniques to help you choose and apply the right combination of concealer, foundation and powder for beautiful-looking skin.

BRIDAL MAKE-UP 60mins / £65

Your wedding day is one of the biggest days of your life, and we know how important it is that you look and feel your best. The Devonshire Spa's therapists can work with you to create the perfect look for your special day. You'll enjoy an initial consultation to ascertain your specific requirements and to determine which products will most complement your skin, as well as a trial to ensure the finished result is exactly what you want.

BROWS BY MII 30mins / £30

Brows are perfectly tailored to you. Your appointment includes an in-depth consultation, plus waxing, tinting and shaping.

NAILS

Our manicure and pedicure treatments are carried out using long lasting, high gloss Phenom polish and expert care from Jessica Nails.

Power Polish - 25 mins / £20

Manicure - 60 mins / £35

Pedicure - 60 mins / £35

Exclusive hire of *The Devonshire Spa*



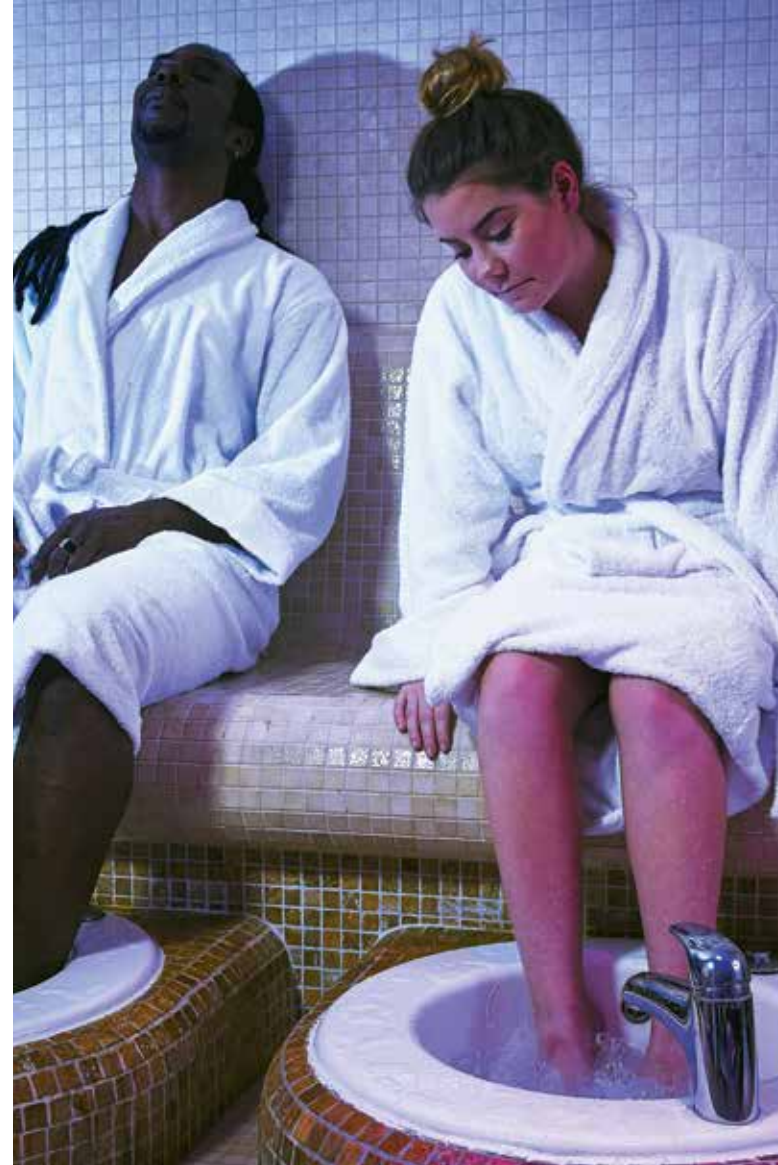
Do you have something to celebrate?
The Devonshire Spa offers exclusive use for special occasions, groups or simply a large get-together.

Handpick and create your treatment ritual from our specially tailored treatment menu with the guidance of our friendly team. You and your group will enjoy exclusive use of the Spa's facilities during your booking, including refreshments, robes and slippers.

Whether it's a special event, birthday, hen party or just a long overdue catch up with friends, hire the Devonshire Spa for an unforgettable spa experience to really celebrate in style.

To hire the Devonshire Spa, please contact us on 01298 338408 to discuss your requirements. For a minimum of 10 people or more.

visit devonshiredome.co.uk/spa



Facilities

All guests to the Devonshire Spa will enjoy the use of our award-winning facilities.

These include:

- Essence-filled sauna
- Hydrotherapy pool
- Monsoon showers
- Traditional steam room
- Reflexology foot baths
- Aroma room
- Tranquil relaxation lounge

There is also an authentic Hammam wet room which can be enjoyed for an additional charge. Complimentary robes, towels and slippers are provided to everyone using the Devonshire Spa facilities – all you need to bring is swimwear!

Our changing rooms are equipped with hair dryers and straighteners, and the shower rooms are stocked with toiletries.

Spa etiquette

To ensure that you are able to receive your preferred spa treatment on-time, we recommend that you book in advance.

Please advise us of any health concerns, injuries or allergies that may affect your spa treatment when booking.

Please arrive 10 minutes before your appointment time to complete a spa consultation form.

We kindly ask all spa guests to switch off all mobile phones, pagers and other electronic equipment whilst at the Devonshire Spa. These devices should be stored in the lockers provided and are not permitted within the spa facilities.

A 30% non-refundable deposit is required on booking. To amend bookings we require 24 hours' notice.

A 100% charge will be incurred for spa treatments not cancelled within 24 hours of the scheduled treatment time.

Guests arriving late for spa treatments will receive a shortened treatment time and will be charged the full price of the scheduled treatment.

Due to the heritage of the Devonshire Spa and its Grade II* Listing, we have maintained the original marble walls and doorways and therefore there is limited soundproofing. This area is a quiet zone and to ensure a relaxing and serene environment, all guests are asked to keep noise to a minimum.

You will be required to remove outdoor shoes before entering the spa facilities.

Please bring swimwear and a £1 coin for your locker. We will provide robes, towels, refreshments and slippers. The ladies changing rooms are complete with hair dryers and straighteners.

We request that guests remove all jewellery during your spa experience. We cannot be held responsible for any damage or losses during your visit.

During massage, wrap and scrub treatments, please wear underwear or swimwear. Your therapist can provide disposable underwear if required.

Your treatment time includes consultation and aftercare. This includes time to change from swimwear into dry underwear.

We have limited car parking on-site and cannot guarantee parking. Please provide your vehicle registration no later than 48 hours before your appointment.

All treatments (excluding express beauty treatments – less than 30 mins) will receive one hour's complementary use of our thermal suite.

Pregnant guests should speak to a member of our reservations team and they will advise you of suitable treatments.

All of our treatments are suitable for both male and female guests. Please speak to a member of the team regarding your requirements and the most suitable treatments can be recommended to ensure the perfect spa visit.

The minimum age for guests is 16. Guests aged 16 and 17 must be accompanied by a parent or guardian and can only receive facials or nail treatments under the supervision of their parent or guardian.

Failure to comply with our etiquette standards could result in disturbance for other spa users and, ultimately a request to leave the Spa. We thank you in advance for your co-operation.

Opening Times

Monday: Closed

Tuesday: 9am – 9pm

Wednesday: 9am – 9pm

Thursday: 9am – 9pm

Friday: 9am – 9pm

Saturday: 9am – 8pm

Sunday: 9am – 8pm

Devonshire Spa, Devonshire Dome, Devonshire Road, Buxton, Derbyshire, SK17 6RY

01298 338408 devonshiredome.co.uk/spa devonshirespa@derby.ac.uk